

STEP INTO CHRISTMAS 2022!

Join our 'Step into Christmas' challenge this December to raise vital funds and awareness for those that are experiencing low mental health across South Warwickshire and Worcestershire – as well as improving your physical health - helping you get into shape for Christmas and the New Year!

- ✓ **Choose your activity**
- ✓ **Sign up to create your own fundraising page**
- ✓ **Track your progress**
- ✓ **Make a difference!**

Click here to

SIGN UP!

